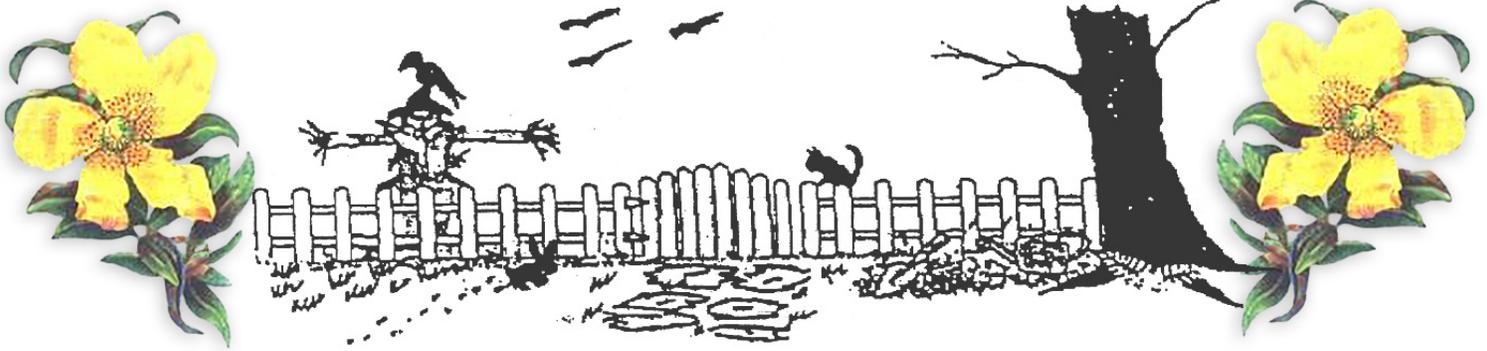


# SIERRA VISTA AREA GARDENERS CLUB



## Over The Garden Gate Newsletter

Established: May 1991

**Oct 20th, 2016**

The Gardeners Club will meet at  
**1.00 P. M. until 4:00 P. M.** on the Third Thursday of each month  
4001 Foothills Dr. Sierra Vista

**Mailing address: P.O. Box 3575, SV. 85636**

**Web site: [svgardenclub.org](http://svgardenclub.org)**

### Leadership Positions

**President:**

Jim Pratt

**Vice President:**

Bill Clark

**Secretary:**

**Treasurer:**

Donna Blackburn

**Member at Large**

Jane Hartling

**Project Leaders**

**Membership/Greeter:**

Mary Tillman

**Editor:**

Carol Sulzbach

[uncleed228@aol.com](mailto:uncleed228@aol.com)

**Historian:**

Dorothy Adams

**Webmaster:**

Jim Pratt

**Programs:**

**Refreshments**

Connie Hays

**Publicity:**

Marianne McWilliams

**Sunshine:**

Judy Thompson

**Door prize and Raffle:**

Cliff Blackburn

**Seed Collecting:**

Linda Gleason

### Notes from the President

Autumn is a gardener's dream...Warm days and cool evenings creates an ideal environment for our trees, plants and shrubs. How lucky are we to be able to take in the glorious colors of the fall landscape! Living in Southern Arizona affords us this most wonderful time of the year. This is our reward for a spring and summer of hard work in the garden.

Our hard work has paid off in another way, as our Fall Plant Sale held on September 15th at the Sierra Vista Farmer's Market set an all-time sales record. Much thanks again to Janet La Valley for the donation of the 55 fig trees. They were a huge hit with our customers! It was truly a perfect and enjoyable day had by all who took part.

Our October & November meetings/program topics/garden tours are listed on our club website, please consider joining us.

A special thanks goes out to Linda and Tom Gleason for hosting a wonderful Harvest Moon Potluck Dinner at their beautiful home. A full moon rose just at sunset in glorious fashion for all in attendance to behold.

"Fall has always been my favorite season. The time when everything bursts with its last beauty, as if nature has been saving up all year for the grand finale" -Lauren DeStefano

Jim Pratt  
President

**HELP WANTED:**  
**Position: Secretary**  
No Experience Necessary



## Record-breaking Fall Plant Sale!



Let's pat ourselves on the back! Our Fall Plant Sale at the Farmers' Market on Sept. 15 was a huge success! It was a perfect dry sunny day; many helpers worked all day from set-up to clean-up and we had an outstanding sale - \$917.50, to be exact.

The fig trees bequeathed to the club were a major attraction and found new homes with many interested buyers. Customers filled out club membership forms, so we may see some new faces at our meetings in the future.

Jane Hartling  
Plant Sale Chairperson



## What to do in the garden for October



### CHORES & MAINTENANCE

|Mulch plants. The benefits of using mulch: prevents evaporation which extends irrigation frequencies; inhibits weed growth; and modifies extreme soil temperatures by insulating plant roots.

|Roses and houseplants are entering winter dormancy - stop fertilization.

|Begin fall clean-up of garden. In the vegetable garden compost spent crops.

|Sow wildflower seeds.



### IRRIGATION

|Fall is here. With the cooler weather decrease irrigation schedules.

|Decrease indoor houseplant watering.



### PLANTING

|This is an excellent month to plant cold hardy trees, shrubs, and perennials. .

|Plant cool-season vegetables for fall crop..

|Plant spring blooming bulbs and cool season annuals.



## Events

**Oct 6<sup>th</sup>: Garden Tour 9:00am Ms Cindy Kolb, "911 Memorial Garden" see below for details**

**Community Garden October 8<sup>th</sup>, 10:30 to 11:30 am – Preparing your perennials for the winter**

**Water Wise Events Oct. 8<sup>th</sup> 10:00 to 2:00 pm**  
**19<sup>th</sup> Annual Xeriscape Tour** This self-guided tour visits the xeriscapes of Sierra Vista's University of Arizona Campus Discovery Gardens, a commercial property and three residential sites with unique, low-water landscaping. Map and descriptions will be available. For information and to have a map emailed to you, please contact Valerie Davidson

[valeriedavidson@email.arizona.edu](mailto:valeriedavidson@email.arizona.edu) (link sends e-mail) or (520) 458-8278 ext. 2141.

**Oct 12<sup>th</sup>- Garden Tour – Master Gardeners**  
Discovery Garden 9:00 am

**Oct 13<sup>th</sup>-Board Meeting 9:00 AM** Landmark Café..

**Oct 20<sup>th</sup>: SVAGC Meeting 1:00 – 4:00pm**  
Speaker will be horticulture and landscaping expert [Eric Clark](#) of Civano Nursery in Tucson. Eric's presentation will include a discussion of evergreens suitable for Sierra Vista's climate & elevation. He will also discuss Civano Nursery's 70 acre in-house plant farm.



**This Is A New Column for the Newsletter.  
Please feel free to contribute in the future.**

**TIDBITS**  
**Epsom Salt**

Epsom salt affects plants by causing them to produce more flowers and larger yields of produce, according to the National Gardening Association. Epsom salt is typically applied to plants as a foliar spray to allow the plants to absorb the nutrients from the salt easily. Participants tested the effectiveness of Epsom salt on Gypsy peppers and established rose bushes. The majority of the participants found that pepper plants treated with Epsom salt were larger and yielded larger fruit. The peppers were also juicier, sweeter and had triple the thickness of the untreated peppers that were used as a control in the study. The treated roses had greener foliage, bushier plants and more roses than the control plants. The rose bushes also had greener foliage and bigger, deeper colored flowers.  
Submitted by Carol Sulzbach



**Garden Tour**

Not to miss!! Please mark your calendars and make plans to attend our next club garden tour to be held on Thursday October 6th at 9am. Ms. Cindy Kolb of Hereford has graciously offered us the opportunity to view her "911 Memorial Garden", which can only be described as both unique and extensive. Please RSVP me any time before the day of the event if you plan to attend.  
Jim

WHEN: Thursday October 6th @ 9am  
WHERE: 5481 E. Dogwood Lane, Hereford, AZ  
IF LOST OR NEEDING DIRECTIONS: 520-559-7205



**Here Is How To Grow An  
Endless Supply Of Garlic  
Indoors**



Along with green onions, garlic is one of the best health-friendly plants you can grow at home. It is super-easy and super-cheap. You may not like its taste and odor, but eating a whole garlic bulb a day works miracles for your body.

Garlic is a simple food that has strong healing properties. Garlic is rich in nitrogenous substances, sodium, potassium, selenium, calcium, magnesium, silicon, sulfuric, phosphoric acid, vitamin C, D, B, phytosterols, extractives, and essential oils.

It contains a phytoncide called allicin, formed during mechanical destruction of plants, meaning you should crush or grind your garlic to enjoy maximum benefits from this component.

Researchers believe that allicin has strong bacteriostatic effect which cures infections quite faster. Garlic is packed with anti-fungal agents, which makes it much more powerful compared with many antibiotics in use today.

**How To Grow An Endless Supply Of Garlic Indoors**

- several garlic bulbs (or heads)
- organic potting soil
- 1 planting pot

First, a word of warning!

Much of the garlic sold at grocery stores is treated with a hormone that prevents cloves from sprouting to prolong their shelf life.

**For best results, either use organic garlic** or wait until you see the garlic begins to sprout on its own, often forming nubbins of roots at the same time. If you take a closer look, you might even see cloves sprouting at the store!

**Instructions:**

Use only good garlic heads.

Take a large pot and fill it with potting soil.

Separate the cloves and put each clove vertically

at a depth of 1 inch.

Cover the cloves with an inch of soil. Keep the pot in an area exposed to sun.

Water the pot when it starts to dry out, same as you do with any indoor plant.

Cut the greens when they are 3-4 inches tall, and leave an inch so they can regrow.

**Take good notice of this as well:**

At some point of time, the greens will stop growing. When they dry up and turn brown, dig out the cloves and each of them should have formed a full bulb. Take a clove from that bulb and start all over.

**When to plant garlic**

In fall, plant cloves in well-drained beds after the first frost has passed and the soil is cool. Cloves can also be planted in late winter as soon as the soil thaws, but fall-planted garlic produces bigger, better bulbs.

Garlic likes a lot of moisture, but will start to develop yellow leaves if they stay wet for too long. Since garlic loves cold weather, experimenters from zones 9-11 might be better off choosing another variety through mail order. On the bright side, you can also grow elephant garlic using the same instructions and it typically performs much better in warmer climates than its smaller cousin.

**Garlic types to try**

**Soft neck types** grow best where winters are mild, though some tolerate cold to Zone 5. Most varieties do not produce scapes (edible curled flower stalks), but soft necks are great for braiding. Subtypes include Creole, artichoke and many Asian varieties.

**Hardneck types** adapt to cold winter climates, and all produce delicious curled scapes in early summer. Popular subtypes include porcelain, purple stripe and rocambole varieties.

**Elephant garlic** produces a large, mild-flavored bulb comprised of 4 to 6 big cloves. Closely related to leeks, elephant garlic is hardy to zone 5 if given deep winter mulch.



Here is the recipe from Mary Strom for that delicious cake we had at the Harvest Moon Dinner

**Kalua Cake**

- Chocolate Cake mix without Pudding inside
- 1 small box chocolate Instant Pudding
- 1 16 oz size container of Sour Cream
- 6 oz of Chocolate Chips
- 1/2 cup Oil
- 1/3 cup Kalua
- 4 Eggs

- Grease and flour a Bundt Pan
- Mix all ingredients together
- Pour into pan
- Bake one hour at 350 degrees in preheated oven
- Let cool awhile in pan
- Then cool on wire rack

Note: Low Fat Sour Cream can be used. It makes the texture lighter



2016 Sunday	O Monday	C T Tuesday	O Wednesday	B E Thursday	R Friday	Saturday
						1 Happy Birthday Cheryl Braun
2 4	3	4	5	6 Garden Tour 9:00 am "911 Memorial Garden"  Happy Birthday Ruth Lefever	7	8 Community Garden 10:30 to 11:30 am "Preparing your perennials for the winter."  Water Wise XERISCAPE TOUR
9	10 	11	12 Garden Tour Discovery Garden 9:00 am	13 Board meeting - 9:00am Landmark Café	14	15
16	17 Happy Anniversary Terrl & Bob Gent	18 Happy Birthday Karen DeCoursey	19	20 SVAGC Meeting 1:00 to 4:00 pm Speaker Eric Clark Civano's Nursery	21 Happy Birthday Bill Schulze	22
23 Happy Birthday Marianne McWilliams Ted Adamczyk Felice Dayhoff	24	25	26	27	28	29
30	31 					